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ABSTRACT

Providing effective parent education for teen parents can be a challenge for educators. This guide for cooperative extension facilitators provides workshop outlines for teen parents regarding their social world, infant and toddler development, and health and safety. The guide's introduction discusses the challenges of parenting, the Eriksonian theoretical basis, and family empowerment; and provides tips for facilitators regarding literacy levels, cultural assumptions, time for workshops, ordering materials, and providing child care. Fifty-one workshops are outlined in four areas: (1) the social world of teen parents, setting the foundation by covering support networks, personal resources, parents living with their parents, and violence; (2) infants; (3) toddlers and 2-year-olds, discussing temperament, discipline, infant feeding, making baby food, clothing, playing with babies and toddlers, child care, and toilet learning; and (4) health and safety, addressing safety and poison-proofing a home, safe toys, tooth care, caring for a sick child, immunizations, and emergencies. Each of these areas includes at least one "Red Flag Lesson," those believed to be more important or of greatest interest. The workshop outlines contain the objectives for participants, activity procedures and discussion questions, a challenge activity for parents to do outside of group time, a list of materials, and relevant handouts. The guide's annotated bibliography lists 112 books and videotapes in the areas of careers, sexuality and pregnancy, special concerns of adolescent parents, activities for babies and toddlers, child rearing and child caring, day care, discipline, and health and safety. (KB)

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